

Practical Treatment Guidance - Questions



PRE TREATMENT & CLIENT PREPARATION

Q1. What should be completed before administering EMS HIEMT treatment?

Q2. Why must the treatment area be clean, dry, and product free before EMS HIEMT application?

Q3. How should the client be positioned for abdominal EMS HIEMT treatment?

Q4. What must be removed from the client prior to starting treatment?

DEVICE & APPLICATOR SET UP

Q5. How are EMS HIEMT applicators positioned correctly?

Q6. Why is symmetry important when placing multiple applicators?

Q7. What is the recommended intensity starting point for first time clients?

Q8. What signs should an operator watch for during treatment?



TREATMENT DELIVERY & MONITORING

Q9. What is the standard treatment time for EMS HIEMT per muscle group?

Q10. How should the operator monitor client response during treatment?

Q11. What should the operator do if the client experiences cramping or pain?

POST TREATMENT & RECORDING

Q12. What should be done immediately after applicator removal?

Q13. What should be included in post treatment documentation?

Q14. What aftercare advice should be provided to the client?



TREATMENT COURSE MANAGEMENT

Q15. How often should EMS HIEMT sessions be scheduled?

Q16. How many sessions are typically recommended in a full treatment course?

Q17. Can EMS HIEMT be combined with other treatments? If so, give an example.